



Chapman Elementary Spotlight Newsletter
September 6, 2016

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Calendar

9/8	Back to School Night - Ramona (6-6:30pm)
9/8	Back to School Night - Chapman (6:30-8pm)
9/16	PTA General Meeting (8:30 am); Volunteer Training (9am)
9/20	Picture Day (1 st - 3 rd Grades)
9/21	Late Opening (10 am); Picture Day (4 th and 5 th Grades)
9/22	Picture Day at the Ramona
9/22	Chapman Volunteer Day for PTA Clothing Closet
10/3-10/7	Book Fair!
10/6	TAG Information Session
10/14	NO SCHOOL (Teacher In-Service Day)
10/19	Late Opening (10 am)

From Chapman's Principal, Pamela VanDerWolf

Dear Chapman Families,

Welcome to a glorious September! What a joyous start to the school year this has been. I'm thrilled to be a part of the Chapman community and I'm looking forward to an exciting and adventurous year with your children. While this is proving to be a year of change (a new principal, a few new staff members, new concrete out front, new classrooms at the Ramona for our kindergarten students), what hasn't changed are Chapman's amazing teachers and our welcoming, supportive community.

Thank you to our Community Care Day volunteers. Although we were small in number, we were mighty in our deeds! We helped teachers with some last minute moving of boxes, we cleaned out the gym, and we painted fresh stripes on our four-square courts.

Chapman's Back to School Night is just around the corner! At 6:00, we will be starting at the Ramona building with our kindergarten teachers and kindergarten parents, then continue at 6:30 at Chapman. A shuttle bus will be taking parents from the Ramona up to Chapman and back again. One change to our schedule: rather than have a short 30 minute TAG presentation, we are rescheduling our TAG Information Session for the evening of Thursday, October 6th and we will devote a full 90 minutes to sharing information and leading discussion around our plans to support gifted students at Chapman.

With the beginning of the year comes some inevitable confusion. Please make sure that your child knows his or her after school plans. Also, if you have to make a last minute change in plans, please call the office; teachers often do not have time to read email during the school day. If your child goes to Friendly House, please remember to alert them of any changes as well.

Sincerely, Pamela VanDerWolf

From the Ramona, Assistant Principal, Diana Kruger

Happy Back to School!! Chapman at the Ramona is ready to rock and roll!! I am so thankful to be at Chapman at the Ramona. The staff is out of this world and Kinder families are going to have an amazing year. The building is ready and the views are breathtaking. From the Fremont Bridge to daily trains, our students are going to have a very engaging environment to work and play in. Our two primary goals this year are to have fun and be safe. The building presents some unique experiences and logistics, but our staff have been working collaboratively to ensure student's safety. We have also been working to make sure that students experience a joyful time while they are at school. We want all students to be engaged and curious. I look forward to meeting you all.

Have a great year, Diana

Counselor's Corner

We're back! I am so excited to kick off the 2016-17 school year. Everyone I have reconnected with expresses that they feel refreshed and ready to have another great year at Chapman School. As we begin our journey together listed below are some tips to help students maintain a positive attitude.

Help kids:

1. Follow a morning routine.
2. Carry an imaginary suitcase filled with... happiness.
3. Be mindful while enjoying life's simple pleasures such as watching the sunset.
4. Smile... and take advantage of the endorphin and the serotonin boost.
5. Reframe the question, "Why is this happening to me?" to "What am I supposed to learn from this?"
6. Practice pushing an imaginary pause button before responding when in difficult situations.
7. Live with purpose. Throughout the day ask, "Why am I doing this?" "Is there a different way?" "Can I do it better?"
8. Learn that difficulties could almost always be worse.
9. Understand that life throws us curves, but we have what it takes to deal with challenges.
10. Create a personal reset by doing 25 jumping jacks when all else fails.
11. Picture themselves being successful.
12. Recognize that whining makes us victims. Accept it, change it or just move on.
13. Set goals and practice positive self-talk to achieve them.
14. Watch themselves laugh in the mirror. If the laughter turns to tears a good cry was needed.
15. Stop everything, look at your child and ask, "What are you grateful for?"
16. Ask three different questions of three different people. Conversation builds relationships.
17. When someone lets you down, look around and say hello to someone who is smiling.

For more ways to help kids to create and to maintain a positive attitude check out <https://daringtolivefully.com>

FALL CAMPAIGN IS ON!!

Our goal is \$230,000 - one-time and monthly donations are accepted. Many companies provide matching donations, please check with your employer. Funds raised are used to provide educational assistants, classroom enrichment opportunities and special projects. Donations can be made online at www.FriendsofChapman.org or turned into the office. Contact Nici Griffith at bnqhefele@comcast.net for more information.

A special thank you goes to Child's Play Toys for providing the yummy treats at the Ice Cream Social! Child's Play Toys is also sponsoring Teacher Wish Lists. Stop by there to purchase classroom items on your teacher's Wish List at a discount.

Slabtown - New Seasons Market has voted in **Chapman Education Foundation** as one of our three Bag it Forward partners. Starting on August 10th, customers receiving a 5¢ reusable bag refund can choose to donate their refund to an organization that aligns with our three charitable giving focus areas: hunger relief, environmental conservation and supporting K – 12 schools.

Upcoming Events

• **Swift Pizza Nights-Back to School Night plus Friday and Saturday Nights in September**

The Swift migration has begun! Support Chapman PTA by purchasing pizza, Chapman t-shirts and drinks while you and your family watch the Swifts spiral into the school chimney. 100% of the proceeds support Chapman school! Pizza sales happen on Back-to-School Night plus every FRIDAY and SATURDAY night in the month of September! Contact Christian at christian@mustreed.com if you want to help or if you would like to pre-order a whole pizza for \$30.

- **Book Fair!** Come support Chapman Elementary while stocking your bookshelves! The annual Scholastic Book Fair will be held from October 3-7 every morning from 7:40 - 8:00am and after school from 2:15 - 3:00 in the downstairs art room. Not able to attend the book fair? No problem! We also have an online site to order from until October 20th. All online orders will be delivered to the school. Check out the online sale at <http://bookfairs.scholastic.com/homepage/chapmanelementaryschool1>.

Volunteer Opportunities

CHAPMAN PTA and FOUNDATION NEED YOU

There are a few openings within the Chapman PTA and the Chapman Foundation. We work with teachers, parents and administrators to solve challenges, expand opportunities, plan events, fund raise and realize improvements at Chapman. If interested, contact PTA President: Christy Marten (ctmarten@gmail.com).

- **PTA Clothing Closet, Thursday, Sept. 22nd is Chapman's day to send 5-6 volunteers** or more to be a "personal shopper" to help kids receive clothing or to help sort donations to get them put out. The volunteer hours are 9:30am - 1:30pm at Marshall HS Campus, 3905 SE 91st Avenue. The main cross streets are SE 92nd and SE Powell, out by the Chucky Cheese.

Volunteers will need to check in and check out at the Franklin HS Main Office. We will have about 30 - 50 kids each volunteer day and NEED volunteers. We helped nearly 1,800 students last year! Each school is responsible for sending volunteers on their assigned day. We don't want to have to send away kids because we don't have enough volunteers. At Marshall (Franklin HS) Campus, enter through the main entrance and check in, then come up to the Clothing Center. Contact Tiffany at tiffanydmd@hotmail.com if you can help.

- **The Chapman Scholastic Book Fair needs your help!** We're looking for volunteers to run the cash registers and help kids find books before and after school the week of October 3-7. Signup online at <http://signup.com/go/iNKd3e> or email missyliester@gmail.com.
- **Picture Day – Tuesday and Wednesday, September 20th-21st (Chapman), Thursday, September 22nd(Ramona)**
Volunteers for picture day help students get to and from the art room and assist photographers with photo cards, etc. We are looking for two volunteers, two shifts per day (morning and afternoon shifts). Please contact Tiffany at tiffanydmd@hotmail.com.
- **SAVE THE DATE:** 2016 – 2017 Chapman School Auction, Friday November 18, 2016! Volunteers Needed: If you are interested in being part of the auction please contact Veery Harper (veeryharper@gmail.com) or Janel Hansen (janelmartinez@msn.com).
- **Chapman lunches:** Join us in the lunch room from 11-12:15 pm. Everything is different except the kids and the need for help. There are three separate waves of lunch. Kate and her assistant (the new lunch team) would appreciate the help. Please let Tiffany know if you can volunteer at all this year in the kitchen especially the first few weeks. Please contact Christian Reed at christian@mustreed.com if interested.

Community

Hillside Soccer League is now open for registration for kindergartners! Please visit <http://www.lincolnyouthsoccer.org/hscf> for information and registration.

Stay Connected

Get more information about the latest at our school. Join us online: FriendsofChapman.org and [Facebook](#). District policy prohibits discrimination on the basis of age, color, creed, disability, marital status, national origin, race, religion, sex, and sexual orientation. BP 1.801.020. Not all outside groups comply with the District's non-discrimination policy. Families are strongly encouraged to review all materials closely.

Chapman Spotlight is a weekly PTA publication of Chapman Elementary School, a National School of Excellence.
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Thanks to our community partner: Friendly House

Friendly House News: After school registration for 2016-17 now open and filling fast! Sign up [online](#) – scholarships available. Announcing preschool registration for 2016-17 open on 4/15! Sign up [online](#).